

Seven Conversations for a Lifetime of Love

2-day Intensive (Friday-Saturday)

2019 dates:

Feb 15 - 16

May 24 - 25

Aug 2 - 3 in Co Springs

Request dates that fit your
schedule - or check:

www.CouplesCounselingInLakewoodCO.com

COME PREPARED:

- ♥ Read (or listen to) the book
Hold Me Tight® by Sue Johnson
- ♥ Have a conversation about the
strengths of your relationship
- ♥ Bring lawn chairs or a blanket
if you'd like to do your break-out
sessions outside

ALL workshops are LGBTQ inclusive

"Hold Me Tight®" is a registered trademark to Sue Johnson

Deanne Drda
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The Hold Me *Tight* PROGRAM

CONVERSATIONS for CONNECTION
A Relationship Education Workshop for Couples



Based on the book
*Hold Me Tight®: Seven Conversations
for a Lifetime of Love*

By: Dr. Sue Johnson
www.holdmetight.com

Presented by: Deanne Drda, MA
303.472.1580

Deanne@deannedrda.com

www.CouplesCounselingInLakewoodCO.com

Location: 12211 W Alameda Pkwy
Suite 201

Lakewood, CO 80228

Price: **\$497/ couple for both days**
or \$997 for private workshop



About the Workshop

The **Hold Me Tight® Workshop** is designed around seven conversations based on the *Hold Me Tight®* book, all of which have been shown to be essential to successful relations. You will learn how to understand and improve your relationship through...

- ♥ presentations by the workshop leader
- ♥ watching video demonstrations of other couples
- ♥ private exercises and private conversations with your partner



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Price: **\$497/per couple for both days**
includes next-steps consultation

Or \$997 for private workshop

2-Day Intensive

(Friday-Saturday)

BASIC 2-DAY SCHEDULE:

8:15 – Register

8:30 a.m. – 4:30 p.m. – Class

75 – 90 minute lunch break;
a variety of restaurants are nearby

WHAT'S INCLUDED:

- ♥ Full, two-day workshop
- ♥ Course material
- ♥ Coffee, tea, water
- ♥ healthy snacks
- ♥ 60 minute follow-up / next-steps consultation

* Request local hotel discount information

